

# Financial Fitness for Life

## UNIVERSITY OF ILLINOIS CENTER FOR ECONOMIC AND FINANCIAL EDUCATION

### FINANCIAL FITNESS FOR LIFE TRAINING CONFERENCE

#### Becoming a Smart Money Manager

**WHEN:**

Friday, April 27, 2007 (9am - 4pm)

**WHERE:**

McLean County Extension Office  
402 N. Hershey Road, Bloomington, IL 61704  
(309) 663-8306

**WHO SHOULD ATTEND?**

- K-12 teachers specializing in economics, business, consumer economics, social studies, math, history, and reading.
- Counselors and educators specializing in career/life skills who have students/clients in need of financial literacy training.
- Financial education providers working with youth or limited resource audiences through non-profit organizations, community groups, government agencies, etc.

**DESCRIPTION:**

This interactive training conference focuses on *Financial Fitness for Life* lessons related to teaching young adults about how to make smart money management decisions. Specific topics include: setting financial goals, creating spending plans, saving and investing, managing credit, credit reports and credit scores, dealing with credit problems, credit repair scams, and protecting your credit. All participants receive \*FREE\* the *Financial Fitness for Life* curriculum materials (teacher guide, student workbook, parents guide, CD-ROM, and web links). Participants also receive the newest release of the NEFE® High School Financial Planning Program. This six-unit program provides students with a greater understanding of and ability to manage their personal finances in the areas of goal setting, budgeting, and saving. Both curricula provide instructors with numerous games, websites, simulations and other activities to take back to the classroom. Participants also are introduced to PowerPay, an online budgeting tool that helps young adults understand how to reduce debt and increase savings. The conference concludes with a guest speaker from the consumer credit counseling industry who discusses what happens when individuals mismanage their finances.

All economic and financial concepts covered during this training are correlated to the Illinois Learning Standards for Social Science, Mathematics, and English Language Arts. Funding for this training is provided by the National Council on Economic Education (NCEE) and University of Illinois Extension. For more information on *Financial Fitness for Life*, visit: <http://fffl.ncee.net/>.

**WHY SHOULD YOU ATTEND?**

- Free conference!
- Free training materials (\$250.00 value)
- 6 CPDUs
- Lunch and refreshments provided

**INSTRUCTORS:**

- Dr. Angela Lyons, University of Illinois
- Debra Bartman, University of Illinois Extension
- Patricia Hildebrand, University of Illinois Extension

**GUEST SPEAKERS:**

- Catherine Williams, Money Management International

**REGISTRATION:**

- Registration is required one week prior to the conference.
- A detailed agenda with directions will be sent prior to the conference.
- Space is limited to 35 instructors - [Register Today!](#)

**TO REGISTER, CONTACT BY PHONE OR E-MAIL:**

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**FOR MORE INFORMATION CONTACT:**

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